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SPI TRIGGER OBJECT EXPERIMENT LOG

Setup & Placement

Use this sheet to record how a trigger object or device was set up before an experiment begins.

Accurate placement notes make later activations easier to assess and reproduce.

1 INVESTIGATION DETAILS

Venue / Location

Area / Room

Date

Session start

Session end

Investigator completing sheet

Others present

2 TRIGGER OBJECT / DEVICE

Object / device name

Make / model if known

Device type

☐ Cat ball / light-up ball

☐ REM Pod

☐ Music box

☐ Trigger object / doll

☐ Motion device

☐ Custom device

☐ Other

3 PLACEMENT

Exact position

Approx. height from floor

Surface / mounting method

Distance from nearest person

Setup

☐ Stationary

☐ Suspended

☐ Attached

☐ Other

Nearby objects / movement that could affect it



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Baseline, Prompt & Influences

Use this page to establish normal behaviour, record the prompt used and identify possible ordinary influences.

These checks help distinguish an activation from expected behaviour, movement or interference.

4 BASELINE CHECK

Baseline status

Completed?

☐ Yes

☐ No

Duration

Activation during baseline?

☐ Yes

☐ No

Normal idle behaviour / sensitivity

Device tested before session?

☐ Yes

☐ No

Known test trigger / activation method

5 EXPERIMENT INSTRUCTIONS / PROMPT

Instruction / request used

Was the same instruction repeated consistently?

☐ Yes

☐ No

☐ Not applicable

6 POSSIBLE INFLUENCES

Relevant conditions

☐ Person moving nearby

☐ Floor vibration

☐ Door / handle movement

☐ Airflow / draught

☐ Surface movement

☐ Electrical interference

☐ Nearby equipment

☐ Radio / phone use

☐ Temperature / environment

☐ Animal / insect

☐ No obvious influence

☐ Other

If Other, describe

Known conditions to watch

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Control & Experiment Notes

Use this page for deliberate reproduction checks and any additional information needed for later review.

A failed reproduction does not prove a paranormal cause; it only records that the tested explanation was not reproduced.

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CONTROL / REPRODUCTION NOTES

Describe deliberate tests used to reproduce an activation or check how the object/device reacts under known conditions.

8

CONTROL RESULTS

What happened during the control / reproduction attempt?

Outcome

☐ Effect reproduced

☐ Partly reproduced

☐ Not reproduced

☐ More testing needed

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EXPERIMENT NOTES

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Repeatable Detailed Activation Entry

Venue / Location	Area / Room	Date	Object / device

Print or duplicate this page for each activation that needs detailed review.

10 ACTIVATION / EVENT

Timing	
Time	
Duration	

What activated / changed?

What was happening immediately beforehand?

People nearby			
☐ Nobody nearby	☐ Someone nearby	☐ Someone moving	☐ Touching nearby object

Possible ordinary influence			
☐ Floor vibration	☐ Door / handle movement	☐ Airflow / draught	☐ Electrical / radio
☐ Surface / object movement	☐ Nearby equipment	☐ No obvious influence	☐ Other

Repeatability & control check							
Repeated?	☐ Yes	☐ No	☐ Not tested	Control check?	☐ Yes	☐ No	☐ Not practical

Control result / notes

Related note / audio / video / equipment reference



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Quick Activation Log

Use this page to record activations quickly as they happen during a session.

Move important or unclear events to the detailed activation page if more context or control checks are needed.

Time	Device / object	Activation / change	Person nearby?	Possible influence	Ref.