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SPI GHOST HUNT EQUIPMENT CHECKLIST

Essential Kit, Optional Equipment & Personal Items

You do not need expensive equipment to investigate.

Accurate notes, timing, observation and careful consideration of ordinary explanations matter more than carrying lots of devices.

1. ESSENTIAL PERSONAL ITEMS

- ☐ Torch
- ☐ Spare batteries / power bank
- ☐ Suitable footwear
- ☐ Warm layers
- ☐ Waterproof clothing if needed
- ☐ Water / non-alcoholic drink
- ☐ Snacks if appropriate
- ☐ Phone
- ☐ Medication / essential personal items
- ☐ Notebook / investigation notes
- ☐ Pen / pencil

2. OPTIONAL INVESTIGATION EQUIPMENT

- ☐ Digital voice recorder
- ☐ Camera / phone camera
- ☐ EMF meter
- ☐ Thermometer
- ☐ Trigger objects
- ☐ Motion sensor
- ☐ REM Pod
- ☐ Cat balls / light-up trigger balls
- ☐ Spirit box
- ☐ Other:

3. USEFUL EXTRAS

- ☐ Headphones
- ☐ Spare memory card / storage
- ☐ Charging cable
- ☐ Small equipment bag
- ☐ Watch / reliable time source
- ☐ Red-light torch
- ☐ Gloves
- ☐ Clipboard
- ☐ Spare pens
- ☐ Lens cleaning cloth

4. BEFORE YOU LEAVE

- ☐ Batteries charged
- ☐ Spare batteries packed
- ☐ Devices tested
- ☐ Memory / storage checked
- ☐ Time and date correct on devices
- ☐ Equipment labelled if in a group
- ☐ Phone set appropriately
- ☐ Forms / templates downloaded
- ☐ Venue rules and access checked

5. YOUR OWN EQUIPMENT

Add anything specific to your investigation, venue or preferred method.

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Before attending an organised event

Always check the organiser's event information first. Some venues restrict particular equipment or have specific clothing and access requirements.